02 9744 6461 Email: lucasgarde.s-school@det.nsw.edu.au

21 March 2025

Dates for Your Diary

8 April - K-3 Easter/Fancy Hat Parade

Principal's Award



Mahdi for progress in communication

Principal's Message

Health and safety is paramount at Lucas Gardens School and as part of our commitment we regularly conduct evacuation/emergency procedure drills to refine, test and streamline our procedures. In the event that these procedures are required, staff are well versed on how to respond.

Students recently enjoyed a visit from Aboriginal performer Ryka Ali. Many students participated in dancing, mimicking Australian native animals including the kookaburra and the kangaroo. Some students were privileged to hear Ryka explain the significance of Aboriginal painting, and at a later date, these students will paint their own boomerang to depict their story. This was a very engaging performance for all students, and I would like

to thank Ryka for sharing his expertise, knowledge, and heritage.



This week, we celebrated Harmony Week, the theme for this year being: *Harmony – we all have a role to play!* You may have noticed our foyer display of flags from many of the countries around the world. At Lucas Gardens School we take pride in recognising and celebrating our rich cultural diversity and making sure everyone knows that *Everyone Belongs*.

Thank you to all the families that have sent in chocolate eggs to support the P&C raffle. All funds will go towards our music program. Pauline and her team will draw the raffle during the K-3 Easter parade.

Kind regards

Jenny Zagas

Deputy Principal's Message

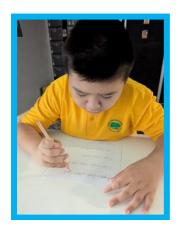
Thank you to all our parents/carers for your engagement and collaboration in recent Personalised Learning and Support Plan (PLSP) meetings with classroom teachers.

This is school/home an important partnership, and your input has been invaluable in establishing relevant goals that can be worked on across school and home settings. I look forward to seeing the progress that students will be making towards the achievement of these goals across the year. Parents of students in years 11 and 12 have been engaging in transition meetings to support the successful transition of students into post school settings. The school will continue to work closely with families and the transition coordinator across the year in navigating this process.

Wendy du Plessis

Primary 6

Primary 6 have had an exciting few weeks learning about what it means to be sustainable. In English, students have been reading stories about how to recycle and have been engaging in a range of activities involving sorting types of waste. Each student has been allocated a *recycling duty* day, where they visit classes around the school to sustainably remove and recycle classroom waste.



Chase writing sentences about safe disposal of waste

In music, we have continued our appreciation of a variety of musical genres. We practise

performance skills and explore sound every week using a range of instruments, including drums, shakers, and guitar.



Rokhya playing the drum during music

Dennis and Bree

Secondary 12

It has been a busy few weeks for Secondary 12. We have been focusing on sustainability in English and studying the text, *Tin Forest*. Students have also practised sustainability by engaging in our recycling program every Friday.



Benito engaging in the Recycling program

In science, we have been learning about ecosystems and the needs of living things. In our studies about the needs of plants, students germinated their own beans. They placed beans in glad bags with wet tissue paper and stuck them to the class window for

light. A few days later the students were extremely excited to see their seeds germinating and starting to grow! Soon the students will plant their beans and continue to help them grow

The students have been busy in other KLA's enjoying both our visual arts program, and weekly music sessions with Rhythm Village.



Joji playing the drum during music

Daniel and Josh

Primary 3

Our topic for science this term is living and non-living things. We have been investigating what makes things alive and the life cycles of plants and animals. We are exploring the features of animals and sorting them into their different groups of mammals, birds, fish, amphibians and reptiles.



Massimo choosing the non-living thing



Saige choosing the living thing

In creative arts, through listening, creating, and performing, we are learning to express our feelings and experiences through music. We are exploring the different movements that match our emotions such as slow and calm music helps us to relax and stay in the green zone. We love experimenting with different instruments such as the drums, bells and shakers in Rhythm Village, when singing songs and chants.



Isabel jamming with Pat from Rhythm Village

We are developing the skills of turn taking, working together and ball rolling in PDHPE, through bowling. We each wait for our turn in line, roll the ball towards the ten pins and then help set up the game for the next person's turn.



Zoe bowling for a strike

Tracey, Billy and Kristen

Primary/Secondary 8

Our topic for science this term is living things depend on each other and their environment. Students have been investigating what living things need to survive. They have been watering plants and making sure they have sunshine to see when they start to sprout. Students have also been identifying what animals need to survive.



Lily matching what we need to survive

Our topic for geography this term is landscapes and landforms. Students have been learning about landforms through listening to songs and using visuals to identify a variety of landforms that we see.



Harriet identifying landforms

We are also really enjoying our music lessons with Pat from Rhythm Village. We are focusing on using percussion instruments and drums.



Ellie enjoying music with Pat

Jack and Vicki

Primary 5

We cannot believe that Term 1 is almost coming to an end. Primary 5 have continued to work diligently, demonstrating outstanding improvement and growth.

For English, students have been learning about sustainability. They have been reading and watching a variety of texts about recycling and learnt about what materials they can recycle each week. Additionally, they used recycled materials to create an artwork.



Leonor learning about recycling cardboard



Hamza using cardboard paper rolls to make a flower artwork

For geography, they have been learning about how places are similar but also different and the factors that shape our environment. They explored how different people live in various places and environments.



Mahdi learning about how people live in different homes

The students have all shown amazing progress, and we look forward to what they will do in the future.

Paul, Angela and Anna

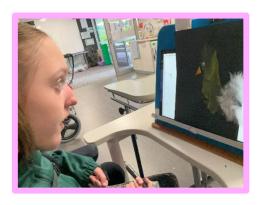
Secondary 11

Growing and learning never stops here in Secondary 11. In science, we have been learning about living and non-living things. We have also been exploring the various elements that plants and animals need to grow and survive in our world. We even conducted an experiment on growing our own beans!



Pierre conducting a bean growth investigation

For visual arts, we have incorporated our topic of exploring living and non-living worlds. The students have been getting creative and using different materials to create colourful birds and explore printing using the leaves we collected.



Marta observing the colourful bird she created

In mathematics, students have been working on their individual numeracy skills, looking specifically at number representation and counting. We have explored numbers using tactile resources, CVI songs and number lines.



Harry exploring the number 1 with the use of tactile and CVI resources

Julia, Sheila, Angela and Jen

Primary 1

Students of Primary 1 have continued working hard as we reach the end of Term 1.

In PDHPE students are practising their volleyball skills. We are working on individual skills of aiming and passing a ball to someone, hitting at a balloon to keep it up and pass it back and forth. Students are also learning to take turns in groups by passing to their peers and sharing the balls and balloons.



Rick throwing a ball to Bella



Menaal aiming a ball into a hoop

In science this term, we are exploring living things and what we can find in the garden. We have been learning about what living things we can find around the school and their features. Students have planted seeds to observe how plants grow and understand their needs.



Mariam planting seeds in science







Menaal and Mariam looking for living things in the garden

Sophie, Sandy and Bella

Primary 4

Primary 4 have had a great few weeks and have enjoyed a performance by Ryka Ali. Parents visited for Meet and Greet and students enjoyed Harmony Day celebrations.

In mathematics this term, we have been focusing on representing number in various ways and locating numerals. We are also focusing on building our understanding of time by using our daily timetables, thinking about what we are doing now and next, and exploring day and night and seasons.



Archie looking at his numerals while counting together

In science this term, we have been exploring living things, and have been looking at life cycles of ourselves and also of plants. We planted some sunflower seeds and have focused on things that can help them to grow. We are looking forward to seeing some flowers!



Sofia putting soil in to help the seeds grow

In PDHPE this term, we have been learning about tools we can use when we are in the different Zones of Regulation, this linked with our music program where we have been exploring how music makes us feel. In sport, we have really enjoyed socialising with Primary 2 during bowling!



Johan aiming balls down a ramp during bowling

It has been a busy few weeks and we look forward to many more as the end of term one approaches!

Jen, Melinda and Dani

Primary/Secondary 7

As we approach the end of the term, our students have been actively engaged in a variety of exciting learning experiences. In science, they conducted experiments to explore the water cycle, deepening their

understanding of natural processes that support living things.



Marcus created a model of the water cycle

In music lessons, students have been exploring various instruments and genres with Rhythm Village, focusing on music appreciation. The joy of making music together has been a highlight of our term.



Christian exploring the guitar with Pat from Rhythm Village

In PDHPE, students have been working on their volleyball skills using modified equipment, which has helped to build their confidence and teamwork.



Mahir working hard on his volleyball skills

We eagerly await more exciting and engaging learning experiences as the term comes to a close.

Sheila, Allison and Marii

Primary 2

Wow, what an exciting few weeks we have had in Primary 2! We are already more than halfway through Term 1, and the students have settled into the school routine, making the most of every moment. From planting seeds and watching them grow into vibrant little plants, to diving deep into the fascinating world of living things, it's been a term full of discovery. The students have been thrilled to learn about what plants need to live and are eagerly watching their gardens grow, there is still so much more to explore!



Adam exploring the soil and planting seeds

We also thoroughly enjoyed a mesmerizing performance by Ryka Ali. Students loved exploring different instruments, listening to captivating stories, and watching the incredible movements that brought the performance to life.



Charlotte and Sophia enjoying the performance

In PDHPE, we have been having tons of fun practising Boccia and bowling skills. From experimenting with various ways to knock down pins, to perfecting the art of throwing the Boccia ball close to the white target.



Sophia enjoying practising bowling

With so many exciting things already happening, we cannot wait to see what the next few weeks have in store!

Sibeal and Toula

Primary/Secondary 9

Term 1 has been a great time of learning, setting goals and getting to know each other. Students are now all settled in and ready to learn.

One of our favourite subjects this term has been geography. We have been learning about landscapes and landforms, focusing on a range of Biomes. We looked closely at Marine Biomes and have begun creating our own model forest, based on the Royal National Park.



Cooper using adapted tools and natural resources water and mud to create a forest biome

In English, we have been looking at sustainability and point of view. We have been studying *The Lorax*, the creature who speaks for the trees. We accessed the texts in a range of ways, such as shared reading, interactive versions of the texts, and readaloud on the interactive whiteboard. Students learnt about the importance of saving the trees and being advocates for our environment, while engaging in specific vocabulary and character studies of this classic Dr Seuss story.

The next few weeks are very busy with many experiences that will keep students active and engaged with their learning.

Liz and Lisa

Secondary 10

In Secondary 10, we have been very busy and are excited to share with you what we have been exploring across our subjects. In English, we started a new text focus by watching a YouTube video called *Small World Journeys: Aboriginal Sustainability*. This video taught us about the important ways Aboriginal people take care of the land and how we can take care of our environment.



Archie exploring ways to represent number

In science, we focused on ecosystems and what living things need to survive. We learned about the plants and animals in our area and how they all work together in nature.



Santiago enjoying the Ryka Ali performance

We were lucky to have Ryka Ali perform Aboriginal music and dance for us. It was a fun and educational experience! We learned about the stories behind the dances and how they connect to the land and culture.



Vincent making prints using plants and leaves

In visual arts, we used leaves and other materials from nature to create beautiful prints. We also made birds using different materials. This art project helped us express what we've learned about nature and the living things around us.

Mitch, Billy and Zenab



Why attendance matters

When your child misses school they miss important opportunities to:



Learn



friendships



Develop life skills



A day here and there doesn't seem like much, but...

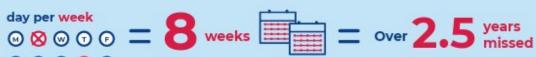
When your child misses just...

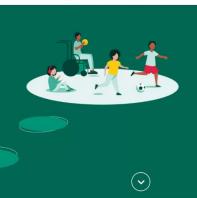
they miss weeks per year

and years over their school life



M → W X F





When extra steps are needed, help them with key life skills



Why Stepping Stones Triple P Online can make all the difference

Be it mealtimes, car trips or socialising, if extra steps are needed for your family, help your child with disability with the key life skills they need. This full toolkit of tips and ideas really works!

- 25 effective parenting strategies you choose what works for your family and your child's unique needs
- · Support your child's strengths and their develop
- Encourage their independence and self-care skills
- . Know how to address behaviours and support their wellbeing
- Build your confidence and help the whole family adapt and

Is Stepping Stones Triple P Online right for me and my child with disability?

- Learn strategies to make everyday life easier, like daily routines, communication, mealtimes and outings
- Build their social skills to grow relationships at home and in the community
- · Be more confident in your role and feel less stressed
- Do it on your phone, computer or tablet at home no need to be anywhere in-person, whenever it suits you
- Videos and fun, interactive learning
- Earn badges, track your progress and print your certificate.







Helping families of children with disability
Stepping Stones Triple P Online is part of the Triple P – Positive
Parenting Program[®]. Parents and carers can help their children with
developmental disability, neurodiversity, or additional needs with key
life skills, like daily routines, communicating and building relationships.
The program supports you to build a strong, loving relationship with
your child, and guide their development, behaviour, and emotions as
they grow. The program is university-developed and based on
extensive research with families of children with disability. The course
can help your family too – and now it's online.

